PAEC - Lunch HS 9-12
HHFKA 9-12 (age 14-18)

OPEN KITCHENS Serving the Best MONTHLY DINING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Nov 2 Buffalo Boneless Wings Assorted Crackers Hot Broccoli Celery Sticks Orange Fruit Punch Juice 1% Milk Chocolate Milk Skim Milk	Nov 3 Turkey Kielbasa with Bun Diced Carrots Snap Peas Fruit Punch Juice Apple 1% Milk Chocolate Milk Skim Milk	Nov 4 Chicken Quesadilla Wango Mango Juice Salsa Cup Applesauce Cup Assorted Flavors Assorted Fruit Cups 1% Milk Skim Milk Chocolate Milk	Nov 5 Hawaiian Chicken & Rice Edamame Red Pepper Strips Pear Apple 1% Milk Skim Milk Chocolate Milk	Nov 6 Breaded Chicken Drumstick Crunchy Corn Buffalo Ranch Peas Cucumber Slices Fruit Punch Juice Banana 1% Milk Skim Milk Chocolate Milk
Nov 9 Baked Mac & Cheese Local Baby Carrots Cherry Tomatoes Orange Fruit Punch Juice 1% Milk Chocolate Milk Skim Milk	Nov 10 Chicken Sandwich Corn Snap Peas Fruit Punch Juice Apple 1% Milk Skim Milk Chocolate Milk	Nov 11	Nov 12 6/7-Layer Dip Tortilla Chips 7 Layer Dip Slaw Salsa Cup Pear Apple 1% Milk Skim Milk Chocolate Milk	Nov 13 Cheese Pizza BBQ Bean Salad Cucumber Slices Fruit Punch Juice Banana 1% Milk Skim Milk Chocolate Milk
Nov 16 Orange Chicken & Rice Edamame Red Pepper Strips Orange Fruit Punch Juice 1% Milk Skim Milk Chocolate Milk	Nov 17 Hamburger Pickles Celery Sticks Fruit Punch Juice Apple 1% Milk Skim Milk Chocolate Milk	Nov 18 Roasted Turkey & Gravy Sister Schubert's Roll Maple Sweet Potatoes Mixed Greens Salad Banana Applesauce Cup Assorted Flavors 1% Milk Chocolate Milk Skim Milk	Nov 19 Breaded Chicken Drumstick Crunchy Corn Buffalo Ranch Hot Broccoli Cauliflower Pear Apple 1% Milk Skim Milk Chocolate Milk	Nov 20 Chicken Nuggets Assorted Crackers Seasoned Diced Potatoes Cherry Tomatoes Fruit Punch Juice Banana 1% Milk Skim Milk Chocolate Milk
Nov 23	Nov 24	Nov 25	Nov 26	Nov 27
Nov 30 Chicken Quesadilla Wango Mango Juice Salsa Cup Applesauce Cup Assorted Flavors Fruit Punch Juice 1% Milk Chocolate Milk Skim Milk				

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.